

Toast & spread (<i>GFO</i>) Sourdough, multiseed, rye or fruit toast. Your choice of house raspberry jam, honey, vegemite, peanut butter.		Pork Bao Platter (VO) contains dairy DIY with a platter of 3 steamed bao buns, soy pulled pork, kimchi, pickled carrot & green papaya, cos lettuce, gochujang mayo Vegetarian: swap pork for sautéed mushrooms			\$19
Toasted Bagel & spread (GFO VG)	<i>\$5</i>				
Plain, sesame or cinnamon & raisin bagel. Your choice of house raspberry jam, honey, vegemite, peanut butter. Add: Cream Cheese – plain or walnut & raisin or horseradish & spring onion +\$2		Chilli Folded Eggs (GFO V DFO) contains peanuts Folded eggs with chilli & lemongrass sambal, green papaya & cucumb relish, peanut rayu. Served with sourdough toast Add: streaky bacon \$6			\$22 per
Oat Porridge (V) contains dairy, gluten, nuts	\$16	riad. Streamy bacom \$0			
Prana Chai soaked oats, rosewater ricotta, pistachio crumble, poached pear, saffron syrup	,	Avo' Toast (GFO V VGO) Smashed avocado & fresh basil, cherry tomato medley, Meredith goat cheese, fresh shallots. Served with a poached egg on sourdough toast Add: smoked salmon \$7; extra egg \$3			
Superfood Granola (GF VG) contains nuts	\$18				
House made toasted granola, served on a bed of natural yoghurt		33			
and topped with rhubarb compote		Eggs on Toast (GFO V) Free-range eggs served poac	hed, scra	ambled or fried.	\$14
Tiramisu Waffles (GF V) contains dairy \$22 With mascarpone, espresso syrup, fresh raspberries and chocolate tuile		Your choice of: sourdough or multiseed toast; plain or sesame bagel			
Add: streaky bacon \$6		<u>SIDES</u>			
Eggs in Purgatory (GFO)	\$22	Smoked salmon	\$7	Grilled haloumi	\$5
Two eggs baked in tomato-based sauce, pulled beef, pecorino and b Served with toasted sourdough	oasil.	Baharat spiced chicken Pulled pork Streaky bacon	\$6 \$6 \$6	Meredith goat cheese/fetta Zucchini & haloumi fritter Egg	\$5 \$5 \$3
Mushroom Medley (GFO V VGO DFO) contains nuts, dairy	\$23	Grilled tomatoes	\$4	Onion jam	\$3 \$2
Sautéed mixed mushrooms in confit garlic & thyme, wilted spinach,	•	Avocado half	\$5	House dill pickle	\$2
cream, hazelnut & sage crumble, shaved pecorino, herb oil, poached	Wilted spinach	\$4	GF toast alternative	+\$2	
Served on a slice of milk bread toast Add: Meredith goat cheese/fetta \$5	- -	Sautéed mushrooms	\$6	GF bagel alternative	+\$2



gf = gluten friendly / gfo = gluten friendly option / vg = vegan / vgo = vegan option / v = vegetarian / vo = vegetarian option Please advise waitstaff of any food allergies or intolerances

FILLED BAGELS		<u>TOASTIES</u>	
Your choice of plain, sesame seed or cinnamon & raisin boiled and baked bo	agel	Three Cheeses Toastie (GFO V) Tasty, gruyere & American cheeses	\$12
Smoked Salmon (GFO)	\$18	,, 3 ,	
With dill cream cheese, pickled onion, cucumber, spinach leaves		Chicken Toastie (GFO)	\$15
Served with house dill pickle and crisps		Poached chicken, avocado, spinach, herb mayo	
Pulled Pork (GFO DFO)	\$17	Haloumi Toastie (GFO VGO)	\$14
With soy pulled pork, slaw, Korean pickles, coriander, gochujang mayo Served with house dill pickle and crisps		Roasted pumpkin, grilled halloumi, avocado, spinach, tomato relish	
·		Reuben Toastie (GFO)	\$18
Zucchini & Haloumi fritter (GFO V) With smoked labneh, onion jam Served with house dill pickle and crisps	\$17	16 hour house smoked pastrami, pickled red cabbage, Swiss cheese, s sauce on rye bread. Served with house made dill pickle and crisps	pecial
Breakfast Bagel (GFO) With fried egg, bacon, baby spinach, white BBQ sauce Add: onion jam \$2, cheese \$2	\$15	Add: tasty cheese \$2, bacon \$4, tomato \$2, herbed mayo chicken \$4, leg h onion jam \$2, gf bread \$2	ıam \$3,
		SOMETHING SMALL	
Bagel with a Schmear \$	\$7		
Toasted bagel with your choice of a generous cream cheese schmear: Plain or walnut & raisin or horseradish & spring onion		Banana Bread & Mascarpone (<i>GF</i>) Our house made banana bread, lightly grilled and served with vanilla	\$8
SALADS		mascarpone Add: Fresh raspberries +\$4	
Nourish Bowl (GF V VGO DFO) Nori sushi rice, pickled red cabbage, shredded carrot, pickled daikon,	\$22	Bacon & Egg Roll Fried egg & bacon on a soft milk bun. Your choice of house made tom	\$9 nato
avocado, pumpkin hummus, topped with soft boiled egg & sesame dres	ssing	relish, HP sauce, BBQ sauce or tomato sauce	

\$22

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Shredded green papaya, cherry tomatoes, green beans, spring onion, Thai

Thai Papaya Salad (V VG NFO)

basil, nahm jim dressing, roasted peanuts



Add: tasty cheese \$2, onion jam \$2, extra egg \$3